

**North Cumbria GP Training Programme
Regional Teaching Programme: May – July 2021**

Dates	ST1 Year Group	ST2 Year Group	ST3 Year Group	Add on Session
5 th May 2021	Confidentiality & Candour Rachel Woodall	Confidentiality & Candour Rachel Woodall	Therapeutics Helena Gregory	
12 th May 2021	Care of Pregnant Woman Dr James Conlon	Safeguarding Angela Walsh	Frailty Dr Zafar Hayat & Louise Fitzpatrick	
19 th May 2021	Understanding Consultations TPD Eric Bater	Headaches Dr Jikta Vanderpol & Siobhan Davies	First 5, Appraisals & Preparing for Practice Dr Amit Paik & Claire Mitchell from BMA	
9 th June 2021	Palpitations Prof Gershan Davis	Consultation Skills with Teenagers TPD Heather Naylor	Practicalities of Becoming a GP Dodd & Co	
16 th June 2021	The Sick Child Dr Joanne Procter	Gynae Update Dr Veena Rao	Palliative Care Dr Helen Rowe	
23 rd June 2021	HRT/Menopause Dr Jenny Lyons	Common Paediatric Presentations Dr Katarina Berankova	Difficult Cases TPD Lead	
30 th June 2021	Sexual Health Dr Dornubari Lebari	HIV Dr Ewan Hunter & Catherine Meyfroidt, Nurse Specialist	Partnerships/Salaried/Locum and Practice Management Dr Georgina Coakley & Dr Rachel Garth	
7 th July 2021	Passing the Baton Dr Dominic Arnold & Dr Helen	Parkinsons/Neurology Dr Mitch Ralley	Passing the Baton Dr Dominic Arnold & Dr	

	Berry		Helen Berry	
14 th July 2021	Mountain Medicine Dr Tom Gallagher & Dr Mark Steel	Mountain Medicine Dr Tom Gallagher & Dr Mark Steel	Mountain Medicine Dr Tom Gallagher & Dr Mark Steel	Communication Skills 16 Places max. Must pre-book
21 st July 2021	Problem Cases TPD George Moss & Dr Rachel Garth	Flying & DVLA requirements Trainee Led	Social Prescribing Dr Clementine Anderson	